



PREVENTATIVE DRY EYE TREATMENT

FREQUENTLY ASKED QUESTIONS

Find out what's causing your dry eye and **get the problem corrected.**

SCHEDULE A CONSULTATION TODAY - 763.478.3505

1

WHAT IS DRY EYE DISEASE?

Dry eye disease is a condition in which you either **do not produce enough tears** or you **do not produce enough oil from glands** in your eyelids to keep the tears that you do make on your eye.

2

WHAT ARE THE SYMPTOMS OF DRY EYE?

Some common symptoms include:

- *Gritty sensation*
- *Intermittent blurring of vision*
- *Burning*
- *Stinging*
- *Redness*
- *Watery eyes*
- *Or an inability to comfortably wear contact lenses*

Some patients have no symptoms at all! Your Doctor can actually uncover significant signs of this disease in your exam using unique technology and imaging.

3

WHAT CAUSES DRY EYE?

- Blocked oil glands inside your eyelids
- Systemic conditions that involve inflammation (*Rheumatoid Arthritis, Roseacea, Sjogrens, Diabetes*)
- Medications (*such as birth control and antidepressants*)
- Dirty eyelids (*Blepharitis*)
- Contact lens wear
- Using computers/screens

4

WHAT CAN I DO TO TREAT DRY EYE?

- *Artificial Tears*
- *Prescription dry eye drops*
- *Warm compresses / massage*
- *Omega 3s supplements*
- *Improve lid hygiene*
- *Treatments*
 - 1. Lipiflow**
 - 2. Intense Pulsed Light**

5

WHAT IS LIPIFLOW?

Lipiflow is a 12 minute treatment performed to gently remove blockages from your oil glands in your eyelids. This treatment will increase oil production on the eye. Oil is essential in the treatment process of Dry Eye.

6

WHAT IS INTENSE PULSED LIGHT?

Intense Pulsed Light (IPL) is a 10 minute treatment done once a month for four months. **This helps treat and control the visible signs of inflammation.** This will target inflammatory blood vessels found in the skin that are causing a majority of the dry eye symptoms and blockages. IPL is also an excellent treatment to maintain healthy, wettable eyes.

7

HOW LONG DO THE TREATMENTS LAST?

Studies show that these treatments can last **up to 4 years.** Daily habits may increase or decrease the treatment effect.

8

AM I A CANDIDATE?

You will need an evaluation by your Doctor to determine if you are a candidate. This can be done by **scheduling a dry eye consultation,** or simultaneously in your routine eye exam.

9

HOW DO I SCHEDULE A TREATMENT?

You can schedule by calling **763-478-3505** or you can go to **www.completeeyecareofmedina.com** to schedule online.

10

HOW MUCH TREATMENTS COST?

Home Therapies: \$25-\$200

Lipiflow: \$595 for both eyes

Intense Pulsed Light: \$999/4 part series or **\$350/treatment**

If your Doctor recommends **both,** they are packaged at **\$1499**